

**SPORTS MANAGEMENT**  
**Master of Sports Science**  
**Program of Study (33 hours)**

Name \_\_\_\_\_ Advisor \_\_\_\_\_  
 Address \_\_\_\_\_  
 Email \_\_\_\_\_ Phone \_\_\_\_\_

| <i>M.S.S. Core Courses</i>   | <i>Credit Hours</i> | <i>Hours</i> | <i>Semester</i> | <i>Grade</i> |
|--|---------------------|--------------|-----------------|--------------|
| SAB 561 Contemporary Issues in Sports  | 3                   |              |                 |              |
| SAM 543 Sports Administration  | 3                   |              |                 |              |
| SAM 544 Sports Marketing   | 3                   |              |                 |              |
| <p><b>Before completion of their Core Courses, students must complete the Three Track Academic Option form and select the academic track they intend to follow: Mentorship Option, Thesis Option or Non-Thesis Option</b></p> <p><b>Students selecting the Thesis Option must complete the Master's Degree Portfolio.</b></p> <p><b>Students selecting the Mentorship or the Non-Thesis Option must take the Master's Degree Comprehensive Examination at the end of their program of study.</b></p> |                     |              |                 |              |

| <i>Sports Management Major Courses</i>           | <i>Credit Hours</i> | <i>Hours</i> | <i>Semester</i> | <i>Grade</i> |
|--|---------------------|--------------|-----------------|--------------|
| SAM 542 Sports Business and Personnel Management | 3                   |              |                 |              |
| SAM 545 Sports Finance                           | 3                   |              |                 |              |
| SAM 551 Public Relations in Sports               | 3                   |              |                 |              |
| SAM 582 Sports Facilities                        | 3                   |              |                 |              |
| SAM 586 Sports Law and Risk Management           | 3                   |              |                 |              |

| <i>Mentorship Option</i> | <i>Credit Hours</i> | <i>Hours</i> | <i>Semester</i> | <i>Grade</i> |
|--------------------------|---------------------|--------------|-----------------|--------------|
| SPT 598 Mentorship       | 9                   |              |                 |              |

| <i>Thesis Option</i>                              | <i>Credit Hours</i> | <i>Hours</i> | <i>Semester</i> | <i>Grade</i> |
|---|---------------------|--------------|-----------------|--------------|
| SAR 575 Professional Writing and Applied Research | 3                   |              |                 |              |
| SPT 599 Thesis                                    | 6                   |              |                 |              |

| <i>Non-Thesis Option</i>   | <i>Credit Hours</i> | <i>Hours</i> | <i>Semester</i> | <i>Grade</i> |
|----------------------------|---------------------|--------------|-----------------|--------------|
| An elective 500/600 course | 3                   |              |                 |              |
| An elective 500/600 course | 3                   |              |                 |              |
| An elective 500/600 course | 3                   |              |                 |              |

| <i>End of Course Requirements:</i>                          | <i>Credit Hours</i> | <i>Hours</i> | <i>Semester</i> | <i>Grade</i> |
|---|---------------------|--------------|-----------------|--------------|
| Thesis Option: Master's Degree Portfolio                    | 0                   |              |                 |              |
| Mentorship and Non-Thesis Option: Comprehensive Examination | 0                   |              |                 |              |

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**SPORTS COACHING**  
**Master of Sports Science**  
**Program of Study (33 hours)**

Name \_\_\_\_\_ Advisor \_\_\_\_\_  
 Address \_\_\_\_\_  
 Email \_\_\_\_\_ Phone \_\_\_\_\_

| <i>M.S.S. Core Courses</i>                | <i>Credit Hours</i> | <i>Hours</i> | <i>Semester</i> | <i>Grade</i> |
|---|---------------------|--------------|-----------------|--------------|
| SAB 561 Contemporary Issues in Sports     | 3                   |              |                 |              |
| SAM 541 Sports Administration for Coaches | 3                   |              |                 |              |
| SAM 544 Sports Marketing                  | 3                   |              |                 |              |

**Before completion of their Core Courses, students must complete the Three Track Academic Option form and select the academic track they intend to follow: Mentorship Option, Thesis Option or Non-Thesis Option**

**Students selecting the Thesis Option must complete the Master’s Degree Portfolio.**

**Students selecting the Mentorship or the Non-Thesis Option must take the Master’s Degree Comprehensive Examination at the end of their program of study.**

| <i>Sports Coaching Major Courses</i>   | <i>Credit Hours</i> | <i>Hours</i> | <i>Semester</i> | <i>Grade</i> |
|--|---------------------|--------------|-----------------|--------------|
| SAB 568 Sports Psychology              | 3                   |              |                 |              |
| SAB 571 Sports Coaching Methodology    | 3                   |              |                 |              |
| SAR 525 Sports Strength & Conditioning | 3                   |              |                 |              |
| SAD 546 Seminar in Sports Medicine     | 3                   |              |                 |              |

| <i>Mentorship Option</i>                                    | <i>Credit Hours</i> | <i>Hours</i> | <i>Semester</i> | <i>Grade</i> |
|---|---------------------|--------------|-----------------|--------------|
| SPT 598 Mentorship  | 9                   |              |                 |              |
| An elective 500/600 course                                  | 3                   |              |                 |              |
| <i>Thesis Option</i>  | <i>Credit Hours</i> | <i>Hours</i> | <i>Semester</i> | <i>Grade</i> |
| SAR 575 Professional Writing and Applied Research           | 3                   |              |                 |              |
| SPT 599 Thesis  | 6                   |              |                 |              |
| An elective 500/600 course                                  | 3                   |              |                 |              |
| <i>Non-Thesis Option</i>                                    | <i>Credit Hours</i> | <i>Hours</i> | <i>Semester</i> | <i>Grade</i> |
| An elective 500/600 course                                  | 3                   |              |                 |              |
| An elective 500/600 course                                  | 3                   |              |                 |              |
| An elective 500/600 course                                  | 3                   |              |                 |              |
| An elective 500/600 course                                  | 3                   |              |                 |              |
| <i>End of Course Requirements:</i>                          | <i>Credit Hours</i> | <i>Hours</i> | <i>Semester</i> | <i>Grade</i> |
| Thesis Option: Master’s Degree Portfolio                    | 0                   |              |                 |              |
| Mentorship and Non-Thesis Option: Comprehensive Examination | 0                   |              |                 |              |

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**SPORTS STUDIES**  
**Master of Sports Science**  
**Program of Study (33 hours)**

Name \_\_\_\_\_ Advisor \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_

| <i>M.S.S. Core Courses</i>   | <i>Credit Hours</i> | <i>Hours</i> | <i>Semester</i> | <i>Grade</i> |
|--|---------------------|--------------|-----------------|--------------|
| SAB 561 Contemporary Issues in Sports  | 3                   |              |                 |              |
| SAM 543 Sports Administration  | 3                   |              |                 |              |
| SAM 544 Sports Marketing   | 3                   |              |                 |              |
| <p><b>Before completion of their Core Courses, students must complete the Three Track Academic Option form and select the academic track they intend to follow: Mentorship Option, Thesis Option or Non-Thesis Option</b></p> <p><b>Students selecting the Thesis Option must complete the Master's Degree Portfolio.</b></p> <p><b>Students selecting the Mentorship or the Non-Thesis Option must take the Master's Degree Comprehensive Examination at the end of their program of study.</b></p> |                     |              |                 |              |
| <i>Sports Studies Major Courses</i>  | <i>Credit Hours</i> | <i>Hours</i> | <i>Semester</i> | <i>Grade</i> |
| An elective 500/600 course   | 3                   |              |                 |              |
| An elective 500/600 course   | 3                   |              |                 |              |
| An elective 500/600 course   | 3                   |              |                 |              |
| An elective 500/600 course   | 3                   |              |                 |              |
| <i>Mentorship Option</i>   | <i>Credit Hours</i> | <i>Hours</i> | <i>Semester</i> | <i>Grade</i> |
| SPT 598 Mentorship   | 9                   |              |                 |              |
| An elective 500/600 course   | 3                   |              |                 |              |
| <i>Thesis Option</i>   | <i>Credit Hours</i> | <i>Hours</i> | <i>Semester</i> | <i>Grade</i> |
| SAR 575 Professional Writing and Applied Research  | 3                   |              |                 |              |
| SPT 599 Thesis   | 6                   |              |                 |              |
| An elective 500/600 course   | 3                   |              |                 |              |
| <i>Non-Thesis Option</i>   | <i>Credit Hours</i> | <i>Hours</i> | <i>Semester</i> | <i>Grade</i> |
| An elective 500/600 course   | 3                   |              |                 |              |
| An elective 500/600 course   | 3                   |              |                 |              |
| An elective 500/600 course   | 3                   |              |                 |              |
| An elective 500/600 course   | 3                   |              |                 |              |
| <i>End of Course Requirements:</i>   | <i>Credit Hours</i> | <i>Hours</i> | <i>Semester</i> | <i>Grade</i> |
| Thesis Option: Master's Degree Portfolio   | 0                   |              |                 |              |
| Mentorship and Non-Thesis Option: Comprehensive Examination  | 0                   |              |                 |              |

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**RECREATION MANAGEMENT  
Master of Sports Science  
Program of Study (33 hours)**

Name \_\_\_\_\_ Advisor \_\_\_\_\_  
 Address \_\_\_\_\_  
 Email \_\_\_\_\_ Phone \_\_\_\_\_

| <i>M.S.S. Core Courses</i>   | <i>Credit Hours</i> | <i>Hours</i> | <i>Semester</i> | <i>Grade</i> |
|--|---------------------|--------------|-----------------|--------------|
| SAB 561 Contemporary Issues in Sports  | 3                   |              |                 |              |
| SAM 543 Sports Administration  | 3                   |              |                 |              |
| SAM 544 Sports Marketing   | 3                   |              |                 |              |
| <p><b>Before completion of their Core Courses, students must complete the Three Track Academic Option form and select the academic track they intend to follow:<br/>Mentorship Option, Thesis Option or Non-Thesis Option</b></p> <p><b>Students in Recreation Management MUST take a Mentorship</b></p> <p><b>Students completing the Mentorship Option must take the<br/>Master’s Degree Comprehensive Examination at the end of their program of study.</b></p> |                     |              |                 |              |

| <i>Recreation Management Major Courses</i>                       | <i>Credit Hours</i> | <i>Hours</i> | <i>Semester</i> | <i>Grade</i> |
|--|---------------------|--------------|-----------------|--------------|
| <b>SELECT TWO OF THE FOLLOWING COURSES FOR SIX CREDIT HOURS:</b> |                     |              |                 |              |
| SAM 530 Food & Beverage Service Management,                      | 3                   |              |                 |              |
| SAM 534 Membership and Marketing for Sports Clubs                | 3                   |              |                 |              |
| SAM 533 Sports Club Management                                   | 3                   |              |                 |              |
| SAM 538 Inclusive Recreation Services                            | 3                   |              |                 |              |
| <b>THE FOLLOWING THREE COURSES ARE REQUIRED</b>                  |                     |              |                 |              |
| SAM 535 Introduction to Parks, Recreation, and Tourism           | 3                   |              |                 |              |
| SAM 536 Philosophy and History of Recreation and Leisure         | 3                   |              |                 |              |
| SAM 537 Recreation Programming and Administration                | 3                   |              |                 |              |

| <i>Mentorship</i>  | <i>Credit Hours</i> | <i>Hours</i> | <i>Semester</i> | <i>Grade</i> |
|--------------------|---------------------|--------------|-----------------|--------------|
| SPT 598 Mentorship | 9                   |              |                 |              |

| <i>End of Course Requirements:</i> | <i>Credit Hours</i> | <i>Hours</i> | <i>Semester</i> | <i>Grade</i> |
|------------------------------------|---------------------|--------------|-----------------|--------------|
| Comprehensive Examination          | 0                   |              |                 |              |

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**SPORTS HEALTH & FITNESS**  
**Master of Sports Science**  
**Program of Study (33 hours)**

Name \_\_\_\_\_ Advisor \_\_\_\_\_  
 Address \_\_\_\_\_  
 Email \_\_\_\_\_ Phone \_\_\_\_\_

| <i>M.S.S. Core Courses</i>            | <i>Credit Hours</i> | <i>Hours</i> | <i>Semester</i> | <i>Grade</i> |
|---------------------------------------|---------------------|--------------|-----------------|--------------|
| SAB 561 Contemporary Issues in Sports | 3                   |              |                 |              |
| SAM 543 Sports Administration         | 3                   |              |                 |              |
| SAM 544 Sports Marketing              | 3                   |              |                 |              |

| <i>Sports Health &amp; Fitness Major Courses</i> | <i>Credit Hours</i> | <i>Hours</i> | <i>Semester</i> | <i>Grade</i> |
|--|---------------------|--------------|-----------------|--------------|
| SAD 556 Issues in Nutrition and Health           | 3                   |              |                 |              |
| SAR 520 Exercise Physiology                      | 3                   |              |                 |              |
| SAR 525 Sports Strength & Conditioning           | 3                   |              |                 |              |
| SAR 580 Exercise Testing & Prescription          | 3                   |              |                 |              |

**Before completion of their Core Courses, students must complete the Three Track Academic Option form and select the academic track they intend to follow:  
 Mentorship Option, Thesis Option or Non-Thesis Option**

**Students in Sports Health & Fitness MUST take a mentorship. However, those students who are healthcare professionals or physicians may petition to select the Thesis or Non-Thesis Option. The petition must include documentation of credentials as a physician or other healthcare professional.**

**Students selecting the Thesis Option must complete the Master’s Degree Portfolio.**

**Students selecting the Mentorship or the Non-Thesis Option must take the Master’s Degree Comprehensive Examination at the end of their program of study.**

| <i>Mentorship Option</i>   | <i>Credit Hours</i> | <i>Hours</i> | <i>Semester</i> | <i>Grade</i> |
|--|---------------------|--------------|-----------------|--------------|
| SPT 598 Mentorship   | 9                   |              |                 |              |
| For Sports Health & Fitness students selecting the Mentorship Option, as the elective, student <b>must</b> choose one of the following courses: SAD 546 Seminar in Sports Medicine, SAB 566 Psychological Aspects of Health & Fitness Programming OR SAR 587 Management Strategies in Health & Fitness | 3                   |              |                 |              |

| <i>Thesis Option</i>  | <i>Credit Hours</i> | <i>Hours</i> | <i>Semester</i> | <i>Grade</i> |
|---|---------------------|--------------|-----------------|--------------|
| SAR 575 Professional Writing and Applied Research   | 3                   |              |                 |              |
| SPT 599 Thesis  | 6                   |              |                 |              |
| For Sports Health & Fitness students selecting the Thesis Option, as the elective, student <b>must</b> choose one of the following courses: SAD 546 Seminar in Sports Medicine, SAB 566 Psychological Aspects of Health & Fitness Programming, OR SAR 587 Management Strategies in Health & Fitness | 3                   |              |                 |              |

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**SPORTS HEALTH &  
 FITNESS Master of Sports  
 Science Program of Study (33  
 hours)**

| <i>Non-Thesis Option</i>                                      | <i>Credit Hours</i> | <i>Hours</i> | <i>Semester</i> | <i>Grade</i> |
|---|---------------------|--------------|-----------------|--------------|
| SAD 546 Seminar in Sports Medicine                            | 3                   |              |                 |              |
| SAB 566 Psychological Aspects of Health & Fitness Programming | 3                   |              |                 |              |
| SAR 587 Management Strategies in Health & Fitness             | 3                   |              |                 |              |
| One 500/600-level elective                                    | 3                   |              |                 |              |

| <i>End of Course Requirements:</i>                          | <i>Credit Hours</i> | <i>Hours</i> | <i>Semester</i> | <i>Grade</i> |
|---|---------------------|--------------|-----------------|--------------|
| Thesis Option: Master's Degree Portfolio                    | 0                   |              |                 |              |
| Mentorship and Non-Thesis Option: Comprehensive Examination | 0                   |              |                 |              |

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**SPORTS MANAGEMENT/SPORTS COACHING**  
**Dual Major Master of Sports Science**  
**Program of Study (45 hours)**

Name \_\_\_\_\_ Advisor \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_

| <i>M.S.S. Core Courses</i>   | <i>Credit Hours</i> | <i>Hours</i> | <i>Semester</i> | <i>Grade</i> |
|--|---------------------|--------------|-----------------|--------------|
| SAB 561 Contemporary Issues in Sports  | 3                   |              |                 |              |
| SAM 541 Sports Administration for Coaches  | 3                   |              |                 |              |
| SAM 544 Sports Marketing   | 3                   |              |                 |              |
| <p><b>Before completion of their Core Courses, students must complete the Three Track Academic Option form and select the academic track they intend to follow: Mentorship Option, Thesis Option or Non-Thesis Option</b></p> <p><b>Students selecting the Thesis Option must complete the Master's Degree Portfolio.</b></p> <p><b>Students selecting the Mentorship or the Non-Thesis Option must take the Master's Degree Comprehensive Examination at the end of their program of study.</b></p> |                     |              |                 |              |
| <i>Sports Management Major Courses</i>   | <i>Credit Hours</i> | <i>Hours</i> | <i>Semester</i> | <i>Grade</i> |
| SAM 542 Sports Business and Personnel Management   | 3                   |              |                 |              |
| SAM 545 Sports Finance   | 3                   |              |                 |              |
| SAM 551 Public Relations in Sports   | 3                   |              |                 |              |
| SAM 582 Sports Facilities  | 3                   |              |                 |              |
| SAM 586 Sports Law and Risk Management   | 3                   |              |                 |              |
| <i>Sports Coaching Major Courses</i>   |                     |              |                 |              |
| SAB 568 Sports Psychology  | 3                   |              |                 |              |
| SAB 571 Sports Coaching Methodology  | 3                   |              |                 |              |
| SAR 525 Sports Strength & Conditioning   | 3                   |              |                 |              |
| SAD 546 Seminar in Sports Medicine   | 3                   |              |                 |              |
| <i>Mentorship Option</i>   | <i>Credit Hours</i> | <i>Hours</i> | <i>Semester</i> | <i>Grade</i> |
| SPT 598 Mentorship   | 9                   |              |                 |              |
| <i>Thesis Option</i>   | <i>Credit Hours</i> | <i>Hours</i> | <i>Semester</i> | <i>Grade</i> |
| SAR 575 Professional Writing and Applied Research  | 3                   |              |                 |              |
| SPT 599 Thesis   | 6                   |              |                 |              |
| <i>Non-Thesis Option</i>   | <i>Credit Hours</i> | <i>Hours</i> | <i>Semester</i> | <i>Grade</i> |
| An elective 500/600 course   | 3                   |              |                 |              |
| An elective 500/600 course   | 3                   |              |                 |              |
| An elective 500/600 course   | 3                   |              |                 |              |
| <i>End of Course Requirements:</i>   | <i>Credit Hours</i> | <i>Hours</i> | <i>Semester</i> | <i>Grade</i> |
| Thesis Option: Master's Degree Portfolio   | 0                   |              |                 |              |
| Mentorship and Non-Thesis Option: Comprehensive Examination  | 0                   |              |                 |              |

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**SPORTS MANAGEMENT/RECREATION MANAGEMENT  
Dual Major Master of Sports Science  
Program of Study (45 hours)**

Name \_\_\_\_\_ Advisor \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_

| <i>M.S.S. Core Courses</i>                | <i>Credit Hours</i> | <i>Hours</i> | <i>Semester</i> | <i>Grade</i> |
|---|---------------------|--------------|-----------------|--------------|
| SAB 561 Contemporary Issues in Sports     | 3                   |              |                 |              |
| SAM 541 Sports Administration for Coaches | 3                   |              |                 |              |
| SAM 544 Sports Marketing                  | 3                   |              |                 |              |

**Before completion of their Core Courses, students must complete the Three Track Academic Option form and select the academic track they intend to follow.**

**Students in Sports Management/Recreation Management MUST take a Mentorship.**

**Students selecting the Mentorship Option will take the Master's Degree Comprehensive Examination at the end of their program of study.**

| <i>Sports Management Major Courses (required)</i> | <i>Credit Hours</i> | <i>Hours</i> | <i>Semester</i> | <i>Grade</i> |
|---|---------------------|--------------|-----------------|--------------|
| SAM 542 Sports Business and Personnel Management  | 3                   |              |                 |              |
| SAM 545 Sports Finance                            | 3                   |              |                 |              |
| SAM 551 Public Relations in Sports                | 3                   |              |                 |              |
| SAM 582 Sports Facilities                         | 3                   |              |                 |              |
| SAM 586 Sports Law and Risk Management            | 3                   |              |                 |              |

| <i>Recreation Management (required)</i>                  |   |  |  |  |
|--|---|--|--|--|
| SAM 535 Introduction to Parks, Recreation, and Tourism   | 3 |  |  |  |
| SAM 536 Philosophy and History of Recreation and Leisure | 3 |  |  |  |
| SAM 537 Recreation Programming and Administration        | 3 |  |  |  |

| <i>Recreation Management – select <u>one</u> of the following four courses for three credit hours</i> |   |  |  |  |
|---|---|--|--|--|
| SAM 530 Food & Beverage Service Management  | 3 |  |  |  |
| SAM 534 Membership and Marketing for Sports Clubs   | 3 |  |  |  |
| SAM 537 Recreation Programming and Administration   | 3 |  |  |  |
| SAM 538 Inclusive Recreation Services   | 3 |  |  |  |

| <i>Mentorship Option</i> | <i>Credit Hours</i> | <i>Hours</i> | <i>Semester</i> | <i>Grade</i> |
|--------------------------|---------------------|--------------|-----------------|--------------|
| SPT 598 Mentorship       | 9                   |              |                 |              |

| <i>End of Course Requirements:</i> | <i>Credit Hours</i> | <i>Hours</i> | <i>Semester</i> | <i>Grade</i> |
|------------------------------------|---------------------|--------------|-----------------|--------------|
| Comprehensive Examination          | 0                   |              |                 |              |

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**SPORTS MANAGEMENT/SPORTS HEALTH & FITNESS**  
**Dual Major Master of Sports Science – Program of Study (45 hours)**

Name \_\_\_\_\_ Advisor \_\_\_\_\_  
 Address \_\_\_\_\_  
 Email \_\_\_\_\_ Phone \_\_\_\_\_

| <i>M.S.S. Core Courses</i>   | <i>Credit Hours</i> | <i>Hours</i> | <i>Semester</i> | <i>Grade</i> |
|--|---------------------|--------------|-----------------|--------------|
| SAB 561 Contemporary Issues in Sports  | 3                   |              |                 |              |
| SAM 543 Sports Administration  | 3                   |              |                 |              |
| SAM 544 Sports Marketing   | 3                   |              |                 |              |
| <p><b>Before completion of their Core Courses, students must complete the Three Track Academic Option form and select the academic track they intend to follow:</b><br/> <b>Mentorship Option, Thesis Option or Non-Thesis Option</b><br/> <b>Students in Sports Health &amp; Fitness MUST take a mentorship. However, those students who are healthcare professionals or physicians may petition to take additional courses in lieu of the mentorship. The petition must include documentation of credentials as a physician or other healthcare professional.</b></p> <p><b>Students selecting the Thesis Option must complete the Master’s Degree Portfolio.</b></p> <p><b>Students selecting the Mentorship or the Non-Thesis Option must take the Master’s Degree Comprehensive Examination at the end of their program of study.</b></p> |                     |              |                 |              |
| <i>Sports Management Major Courses</i>   | <i>Credit Hours</i> | <i>Hours</i> | <i>Semester</i> | <i>Grade</i> |
| SAM 542 Sports Business and Personnel Management   | 3                   |              |                 |              |
| SAM 545 Sports Finance   | 3                   |              |                 |              |
| SAM 551 Public Relations in Sports   | 3                   |              |                 |              |
| SAM 582 Sports Facilities  | 3                   |              |                 |              |
| SAM 586 Sports Law and Risk Management   | 3                   |              |                 |              |
| <i>Sports Health &amp; Fitness Major Courses</i>   |                     |              |                 |              |
| SAD 556 Issues in Nutrition and Health   | 3                   |              |                 |              |
| SAR 520 Exercise Physiology  | 3                   |              |                 |              |
| SAR 525 Sports Strength & Conditioning   | 3                   |              |                 |              |
| SAR 580 Exercise Testing & Prescription  | 3                   |              |                 |              |
| <i>Mentorship Option</i>   | <i>Credit Hours</i> | <i>Hours</i> | <i>Semester</i> | <i>Grade</i> |
| SPT 598 Mentorship   | 9                   |              |                 |              |
| <i>Thesis Option</i>   | <i>Credit Hours</i> | <i>Hours</i> | <i>Semester</i> | <i>Grade</i> |
| SAR 575 Professional Writing and Applied Research  | 3                   |              |                 |              |
| SPT 599 Thesis   | 6                   |              |                 |              |
| <i>Non-Thesis Option</i>   | <i>Credit Hours</i> | <i>Hours</i> | <i>Semester</i> | <i>Grade</i> |
| SAD 546 Seminar in Sports Medicine   | 3                   |              |                 |              |
| SAB 566 Psychological Aspects of Health & Fitness Programming  | 3                   |              |                 |              |
| SAR 587 Management Strategies in Health & Fitness  | 3                   |              |                 |              |
| <i>End of Course Requirements:</i>   | <i>Credit Hours</i> | <i>Hours</i> | <i>Semester</i> | <i>Grade</i> |
| Thesis Option: Master’s Degree Portfolio   | 0                   |              |                 |              |
| Mentorship and Non-Thesis Option: Comprehensive Examination  | 0                   |              |                 |              |

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**SPORTS COACHING/RECREATION MANAGEMENT  
Dual Major Master of Sports Science  
Program of Study (45 hours)**

Name \_\_\_\_\_ Advisor \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_

| <i>M.S.S. Core Courses</i>                | <i>Credit Hours</i> | <i>Hours</i> | <i>Semester</i> | <i>Grade</i> |
|---|---------------------|--------------|-----------------|--------------|
| SAB 561 Contemporary Issues in Sports     | 3                   |              |                 |              |
| SAM 541 Sports Administration for Coaches | 3                   |              |                 |              |
| SAM 544 Sports Marketing                  | 3                   |              |                 |              |

**Before completion of their Core Courses, students must complete the Three Track Academic Option form and select the academic track they intend to follow.**

**Students in Sports Coaching/Recreation Management MUST take a Mentorship.**

**Students selecting the Mentorship Option will take the Master's Degree Comprehensive Examination at the end of their program of study.**

| <i>Sports Coaching Major Courses (required)</i>  | <i>Credit Hours</i> | <i>Hours</i> | <i>Semester</i> | <i>Grade</i> |
|--|---------------------|--------------|-----------------|--------------|
| SAB 568 Sports Psychology  | 3                   |              |                 |              |
| SAB 571 Sports Coaching Methodology  | 3                   |              |                 |              |
| SAR 525 Sports Strength & Conditioning*  | 3                   |              |                 |              |
| SAD 546 Seminar in Sports Medicine   | 3                   |              |                 |              |
| <b><i>Recreation Management (required)</i></b>   |                     |              |                 |              |
| SAM 535 Introduction to Parks, Recreation, and Tourism   | 3                   |              |                 |              |
| SAM 536 Philosophy and History of Recreation and Leisure   | 3                   |              |                 |              |
| SAM 537 Recreation Programming and Administration  | 3                   |              |                 |              |
| <b><i>Recreation Management – select <u>two</u> of the following four courses for six credit hours</i></b> |                     |              |                 |              |
| SAM 530 Food & Beverage Service Management   | 3                   |              |                 |              |
| SAM 534 Membership and Marketing for Sports Clubs  | 3                   |              |                 |              |
| SAM 537 Recreation Programming and Administration  | 3                   |              |                 |              |
| SAM 538 Inclusive Recreation Services  | 3                   |              |                 |              |
| <b><i>Mentorship Option</i></b>  |                     |              |                 |              |
| SPT 598 Mentorship   | 9                   |              |                 |              |
| <b><i>End of Course Requirements:</i></b>  |                     |              |                 |              |
| Comprehensive Examination  | 0                   |              |                 |              |

**The Program of Study is not considered a contract between the student and the institution and is subject to change at any time and at the sole discretion of the institution. It is the student's responsibility to ensure that all degree requirements are met.**

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**SPORTS COACHING/SPORTS HEALTH & FITNESS**  
**Dual Major Master of Sports Science**  
**Program of Study (42 hours)**

Name \_\_\_\_\_ Advisor \_\_\_\_\_  
 Address \_\_\_\_\_  
 Email \_\_\_\_\_ Phone \_\_\_\_\_

| <i>M.S.S. Core Courses</i>                | <i>Credit Hours</i> | <i>Hours</i> | <i>Semester</i> | <i>Grade</i> |
|---|---------------------|--------------|-----------------|--------------|
| SAB 561 Contemporary Issues in Sports     | 3                   |              |                 |              |
| SAM 541 Sports Administration for Coaches | 3                   |              |                 |              |
| SAM 544 Sports Marketing                  | 3                   |              |                 |              |

**Before completion of their Core Courses, students must complete the Three Track Academic Option form and select the academic track they intend to follow: Mentorship Option, Thesis Option or Non-Thesis Option**

**Students in Sports Health & Fitness MUST take a mentorship. However, those students who are healthcare professionals or physicians may petition to take additional courses in lieu of the mentorship. The petition must include documentation of credentials as a physician or other healthcare professional.**

**Students selecting the Thesis Option must complete the Master’s Degree Portfolio.**

**Students selecting the Mentorship or the Non-Thesis Option must take the Master’s Degree Comprehensive Examination at the end of their program of study.**

| <i>Sports Coaching Major Courses</i>             | <i>Credit Hours</i> | <i>Hours</i> | <i>Semester</i> | <i>Grade</i> |
|--|---------------------|--------------|-----------------|--------------|
| SAB 568 Sports Psychology                        | 3                   |              |                 |              |
| SAB 571 Sports Coaching Methodology              | 3                   |              |                 |              |
| SAR 525 Sports Strength & Conditioning*          | 3                   |              |                 |              |
| SAD 546 Seminar in Sports Medicine               | 3                   |              |                 |              |
| <i>Sports Health &amp; Fitness Major Courses</i> |                     |              |                 |              |
| SAD 556 Issues in Nutrition and Health           | 3                   |              |                 |              |
| SAR 520 Exercise Physiology                      | 3                   |              |                 |              |
| SAR 525 Sports Strength & Conditioning*          | 3                   |              |                 |              |
| SAR 580 Exercise Testing & Prescription          | 3                   |              |                 |              |

**\*Student needs only to take SAR 525 once to satisfy both dual major course requirements.**

| <i>Mentorship Option</i>   | <i>Credit Hours</i> | <i>Hours</i> | <i>Semester</i> | <i>Grade</i> |
|--|---------------------|--------------|-----------------|--------------|
| SPT 598 Mentorship   | 9                   |              |                 |              |
| Students enrolled in the Mentorship Option must select one of the following elective courses for 3 credit hours: SAD 546 Seminar in Sports Medicine, SAB 566 Psychological Aspects of Health & Fitness Programming, OR SAR 587 Management Strategies in Health & Fitness | 3                   |              |                 |              |

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**SPORTS COACHING/SPORTS HEALTH & FITNESS  
Dual Major Master of Sports Science  
Program of Study (42 hours)**

| <i>Thesis Option</i>  | <i>Credit Hours</i> | <i>Hours</i> | <i>Semester</i> | <i>Grade</i> |
|---|---------------------|--------------|-----------------|--------------|
| SAR 575 Professional Writing and Applied Research             | 3                   |              |                 |              |
| SPT 599 Thesis  | 6                   |              |                 |              |
| <i>Non-Thesis Option</i>                                      | <i>Credit Hours</i> | <i>Hours</i> | <i>Semester</i> | <i>Grade</i> |
| SAD 546 Seminar in Sports Medicine                            | 3                   |              |                 |              |
| SAB 566 Psychological Aspects of Health & Fitness Programming | 3                   |              |                 |              |
| SAR 587 Management Strategies in Health & Fitness             | 3                   |              |                 |              |

| <i>End of Course Requirements:</i>                          | <i>Credit Hours</i> | <i>Hours</i> | <i>Semester</i> | <i>Grade</i> |
|---|---------------------|--------------|-----------------|--------------|
| Thesis Option: Master's Degree Portfolio                    | 0                   |              |                 |              |
| Mentorship and Non-Thesis Option: Comprehensive Examination | 0                   |              |                 |              |

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**MASTER OF SPORTS SCIENCE**  
**Program of Study for All Majors with Emphasis Courses**  
**NCAA Compliance, Personal Training, Recreation Management,**  
**Sports Hospitality, OR Sports Psychology**

NOTE: Students in ALL Majors seeking an Emphasis should also complete this Program of Study as an attachment to the Program of Study for their major course of study. This applies to students with a single major AND students in a dual major program. Complete only the section that applies to the student's emphasis area.

Name: \_\_\_\_\_ Advisor: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

| <b><i>A. Emphasis in Personal Training *</i></b>              | <b>Credit Hours</b> | <b>Hours</b> | <b>Semester</b> | <b>Grade</b> |
|---|---------------------|--------------|-----------------|--------------|
| SAR 526 Personal Training                                     | 3                   |              |                 |              |
| SAD 556 Issues in Nutrition and Health*                       | 3                   |              |                 |              |
| SAR 587 Mgmt Strategies in Health and Fitness                 | 3                   |              |                 |              |
| <b><i>B. Emphasis in NCAA Compliance</i></b>                  | <b>Credit Hours</b> | <b>Hours</b> | <b>Semester</b> | <b>Grade</b> |
| SAM 523 NCAA Compliance                                       | 3                   |              |                 |              |
| SAM 524 NCAA Rules and Procedures                             | 3                   |              |                 |              |
| SAM 592 Introduction to the Business of Sports Agents         | 3                   |              |                 |              |
| <b><i>C. Emphasis in Sports Psychology</i></b>                | <b>Credit Hours</b> | <b>Hours</b> | <b>Semester</b> | <b>Grade</b> |
| SAB 566 Psychological Aspects of Health & Fitness             | 3                   |              |                 |              |
| SAB 657 Psychology of Elite Performance                       | 3                   |              |                 |              |
| SAB 659 Group Dynamics in Sports and Exercise                 | 3                   |              |                 |              |
| <b><i>D. Emphasis in Recreation Management (choose 3)</i></b> | <b>Credit Hours</b> | <b>Hours</b> | <b>Semester</b> | <b>Grade</b> |
| SAM 535 Introduction to Parks, Recreation, and Tourism        | 3                   |              |                 |              |
| SAM 536 Philosophy and History of Recreation & Leisure        | 3                   |              |                 |              |
| SAM 537 Recreation Programming & Administration               | 3                   |              |                 |              |
| SAM 538 Inclusive Recreation Services                         | 3                   |              |                 |              |
| <b><i>E. Emphasis in Sports Hospitality Management</i></b>    | <b>Credit Hours</b> | <b>Hours</b> | <b>Semester</b> | <b>Grade</b> |
| SAM 530 Food & Beverage Service Management                    | 3                   |              |                 |              |
| SAM 534 Membership and Marketing for Sport Clubs              | 3                   |              |                 |              |
| SAM 533 Sports Club Management                                | 3                   |              |                 |              |

\*Fitness & Health majors and F& H dual majors (only) must substitute SAD 546 Seminar in Sports Medicine for SAD 556 in the Personal Training Emphasis. Students in other majors/dual majors will take SAD 556.

| <b><i>End of Course Requirements:</i></b>                   | <b>Credit Hours</b> | <b>Hours</b> | <b>Semester</b> | <b>Grade</b> |
|---|---------------------|--------------|-----------------|--------------|
| Thesis Option: Master's Degree Portfolio                    | 0                   |              |                 |              |
| Mentorship and Non-Thesis Option: Comprehensive Examination | 0                   |              |                 |              |

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